

What is a Well-being plan?

Cardiff is changing. The number of people living here is going up fast but the money we have available to spend is reducing. The city right now has some of the richest areas in Wales but it also has many of the poorest. Cardiff is also very diverse with over 100 languages spoken here! We need to make sure that the city can cope with everyone's needs and reduce the inequality that currently exists.

No one public service can do all of this alone. We need to work together and with local people to help meet the challenges and to help stop problems before they arise. The Well-being Plan sets out the priorities for where public services in Cardiff need to work together through the work of the Cardiff Public Services Board (Cardiff PSB), over the next 5 years and beyond.

What is the Cardiff PSB?

Cardiff's PSB brings together the city's public service leadership and decision-makers, including those from the Local Authority, Health Board, Natural Resources Wales, Welsh Government, the Third Sector and the Fire, Police and Probation services. The purpose of the PSB is to improve quality of life in Cardiff through strengthening joint working across the city's public services.

What does the Well-being Plan say?

The Well-being plan is currently a DRAFT. The final version will be completed following everyone's opportunity to comment.

The plan sets out **seven 'objectives'** or things that we want our city to have or be e.g. a great place to grow up. Alongside each of the seven 'objectives', the plan gives information on what Cardiff looks like today and what we hope it to look like in the future. It also gives **a set of commitments** from public services in the city about what they will do together to make this happen and a list of things that they will measure to make sure that they are achieving this.

The information provided with each question in this survey provides a summary of what the plan says. However, a full copy of the DRAFT Well-being plan can be found online along with an electronic version of this survey at www.cardiffpartnership.co.uk. Paper copies of the survey will be made available at libraries and Hubs or can be requested by emailing consultation@cardiff.gov.uk

Please send completed paper copies by **5th January 2018** to our freepost address: **Cardiff Research Centre, Cardiff Council, FREEPOST CF3474, Atlantic Wharf, Cardiff, CF10 5GZ**

Engagement events

There are a number of engagement events planned across the city. Details will be made available online at www.cardiffpartnership.co.uk

These will give you an opportunity to meet officers from across public services face to face, ask questions and share your views on the Draft Well-Being Plan. The events also aim to raise awareness of various local initiatives and provide information on local volunteering opportunities.

1. A Capital City that Works for Wales

A successful Wales needs a successful capital city. Cardiff is the home of Welsh sport, politics, music and the arts, hosting major international sporting and cultural events. The city plays a vital role in creating jobs and attracting investment into all of Wales.

In the future we will work together to make sure that Cardiff continues to attract major sporting and cultural events, tourists, investment, businesses and students in to Wales and position Cardiff as a capital city of international significance.

- Deliver the Cardiff Metro, working with the Welsh Government and the city region
- Make sure that Cardiff has the money it needs to deliver services
- Understand the impact of Brexit and respond in the best way possible
- Attract major events to the city
- Provide a safe and vibrant nightlife which appeals to lots of different people
- Aim to double the number of Welsh speakers in Cardiff by 2050

	Yes	No	Don't know
Do you agree with this as an objective for the city?			
Do you agree with the steps suggested to help achieve this?			
Is there anything you feel is missing?			
If 'No', please tell us why you don't agree with this as an objective.			
If 'No', please tell us why you don't agree with the steps suggested.			
If 'Yes', please tell us what you feel is missing.			

2. Cardiff's Population Growth is well managed

Cardiff is one of Britain's fastest growing cities. This is a sign of a successful city but this growth also brings challenges, putting pressure on many things including transport, education and health services, energy, waste management, green spaces and relationships within communities.

Whole new communities will need to be built. Managing this population growth well will be a major long term challenge for Cardiff.

- Work together when planning services in the city's new communities
- Aim for half of all journeys in Cardiff to be by foot, bicycle or public transport instead of by car
- Reduce air pollution
- Be prepared for extreme weather
- Reduce our carbon footprint
- Review our investments in fossil fuel industries

	Yes	No	Don't know
Do you agree with this as an objective for the city?			
Do you agree with the steps suggested to help achieve this?			
Is there anything you feel is missing?			
If 'No', please tell us why you don't agree with this as an objective.			
If 'No', please tell us why you don't agree with the steps suggested.			
If 'Yes', please tell us what you feel is missing.			

3. Safe, Confident and Empowered Communities

Safe, confident and empowered communities are at the heart of well-being. Local people and communities often have the knowledge, passion, creativity and an understanding of the local area that service providers simply do not have. Ensuring that local communities are safe and that local people are empowered to make change is an important part of a successful city.

The increasingly diverse makeup of the Cardiff means building relationships within communities is more important than ever.

- Get people involved in the design and delivery of services
- Promote opportunities for volunteering
- Protect our most vulnerable
- Tackle radicalisation
- Reduce offending amongst young people
- Reduce drug use and substance misuse
- Make sure that newcomers from the UK and overseas are welcomed and can build new lives in Cardiff

Yes	No	Don't know
	Yes	Yes No

4. Cardiff is a great place to grow up

Cardiff is already a good place for many to grow up in, with a fast improving school system alongside the advantages that a capital city can bring such as an extensive range of leisure, sporting and cultural opportunities.

However, not all children and young people have a good start in life, something which can negatively impact the rest of their lives. Those who are deprived - whether through disability, poverty, family circumstances, illness, neglect or abuse - will require particular help and support from across the public services and from within their communities.

- Make sure that young people are listened to
- Have different services work together to help the family
- Make sure that services work together in the city's most deprived areas
- Put measures in place to help families before they reach crisis
- Tackle child sexual exploitation
- Improve mental health and emotional well-being for young people
- Support young disabled people and their families
- Make sure young people are well prepared for the world of work

5. Help people out of poverty

Economic success at a city level disguises deep-rooted inequalities across the city. With the average cost of a house more than eight times the average salary, home ownership remains out of reach for many whilst the use of foodbanks and homelessness are also on the rise. If the 'Southern Arc' of Cardiff, from Ely in the West to Trowbridge in the East, was considered a single local authority, it would be by far the most deprived in Wales.

Living in poverty impacts strongly on many parts of a person's life – life expectancy is much lower in the poorer parts of Cardiff, air quality is worse, there is less green space and there is also more crime in these areas. How to ensure that everyone, not only those people in the wealthier areas, benefit from Cardiff's successes is a difficult challenge for the years ahead.

- Pay the Real Living Wage to our workers
- Support people who are affected by welfare reform
- Do more to help people to find work, stay in work and do well at work
- Combat poverty in a co-ordinated way
- Look to end rough sleeping in the city and tackle the causes of homelessness
- Tackle poverty as employers by adapting our employment policies
- Ensure people are able to have healthy and affordable food
- Look closer at how to make sure that good health is spread across the city equally

	Yes	No	Don't know
Do you agree with this as an objective for the city?			
Do you agree with the steps suggested to help achieve this?			
Is there anything you feel is missing?			
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If 'No', please tell us why you don't agree with the steps suggested.			
If 'Yes', please tell us what you feel is missing.			

6. Cardiff is a great place to grow older

How we treat people as they get older sends an important message to future generations. We want the city to be a place where older people are more empowered, healthy and happy, supported by excellent public and community services and able to take part in all parts of community life.

As the city grows, and people continue to live longer, the number of older people living in Cardiff is expected to go up greatly. An older population will have increased health and care needs, placing pressure on budgets and resources. New solutions will need to be found to help people live happy independent lives for longer.

- Make easy telephone, online and face-to-face ways for people to access services
- Help build strong community networks where older people live
- Provide a range of future accommodation options and also help people to remain at home longer
- Work with older people, their carers and families in developing care packages that best meet their individual needs
- Make Cardiff a dementia friendly city

	Yes	No	Don't know
Do you agree with this as an objective for the city?			
Do you agree with the steps suggested to help achieve this?			
Is there anything you feel is missing?			
If 'No', please tell us why you don't agree with this as an objective.			
If 'No', please tell us why you don't agree with the steps suggested.			
If 'Yes', please tell us what you feel is missing.			

7. Modern and Integrated Public Services

Public services in Cardiff are undergoing a period of rapid change. Over the years ahead they will need to continue to adapt in response to the rapid growth in population, the changing needs of people, the consequences of poverty and ongoing reductions in the money available to deliver services.

No single organisation can meet the challenges they face alone. New ways of working will need to be found with a much greater level of working together to meet the needs of our communities.

- Work together in managing public property and assets
- Ensure our workers are supported and able to meet changing needs and demands
- Coordinate consultation, engagement and research
- Adopt Smart City approaches to managing city infrastructures and services
- Dedicate a team to exploring solutions to big city challenges
- Have a workforce that reflects the city and its communities, especially black, Asian and minority ethnic communities

	Yes	No	Don't know
Do you agree with this as an objective for the city?	res	NO	DOITERNOW
Do you agree with the steps suggested to help achieve this?			
Is there anything you feel is missing?			
If 'No', please tell us why you don't agree with this as an objective.			
If 'No', please tell us why you don't agree with the steps suggested.			
If 'Yes', please tell us what you feel is missing.			

Please tick the **three objectives** that you think are the most important, firstly for the city overall and secondly for yourself and your family.

	Top three priorities for the city.	Top three priorities for you and your family.
1. A Capital City that Works for Wales		
2. Cardiff's Population Growth is well managed		
3. Safe, Confident and Empowered Communities		
4. Cardiff is a great place to grow up		
5. Help people out of poverty		
6. Cardiff is a great place to grow older		
7. Modern and Integrated Public Services		

Building strong communities is at the heart of the Draft Well-being Plan. Responses from this survey will help us to create more opportunities for local people to be involved in their local community and have a say in the things that matter most to them.

Listed below are a number of ways that you could contribute to the well-being of your community?	I am already involved in this way.	I would like to be involved in the future.
Community Volunteering e.g. litter picking/community gardening		
Act as a school governor		
Helping others in my neighbourhood e.g. shopping or visiting elderly or vulnerable people		
Increasing use of sustainable travel i.e. public transport/cycling/walking		
Learning more about how to reduce your carbon footprint		
Supporting vulnerable young people by becoming a foster carer		
Formal volunteering for an organisation or public services such as in a Hub α in a Hospital	or	
Become a member of a group delivering a project or activity in my commun by sharing skills such as sewing, woodwork or baking.	nity	
Member of a social support group with similar interests e.g. lunch club, read group or mother and toddler meetings	ling	
Fundraising for local causes		
Offering apprenticeships or work experience opportunities as a business ow	ner	
Improving community safety as part of a Neighbourhood Watch		
If there is something else, please tell us		

it you would like to be contacted regarding opportunities or activities in your local area, please provide contact details:
Name:
Email:
Tel:
About You
Postcode
Are you: Female Male Other (please specify) Prefer not to say
What was your age on your last birthday? Please tick one box only.
Under 16 16-24 25-34 35-44 45-54 55-64 65-74 75+
Do you identify as a disabled person? Please tick one box only.
Yes No Prefer not to say
Please tick any of the following that apply to you:
Deaf/ Deafened/ Hard of hearing Mental health difficulties Learning impairment/ difficulties Visual impairment Mobility impairment Long-standing illness or health condition (e.g. cancer, HIV, diabetes, or asthma) Prefer not to say Other
What is your ethnic group? Please tick one box only.
White Welsh / English / Scottish / Northern Irish / British White and Black Caribbean Irish White and Asian White and Asian White and Asian Bangladeshi Gypsy or Irish Traveller Any other White background, please describe Any other White background, please describe Mixed / multiple ethnic groups White and Black Caribbean Indian Pakistani Bangladeshi Chinese Any other Asian background, please describe Any other Asian background, please describe
Black / African / Caribbean / Black British African African Caribbean Any other Black / African / Caribbean background, please describe
Prefer not to say

